AAQ Level 3 Extended Certificate in Health and Social Care Learning Journey

LAC – Students will plan a health education event. This should include a specific health and wellbeing issue and target audience, using the models and approaches that are relevant to the issue and target audience. They should include justifications for the proposed event in relation to the chosen models and approaches.

LAB – Explore key issues. and priorities for health and the factors that affect health and wellbeing.

LAA - Students will produce information that considers the purpose and role of health education for one specific issue. They will consider the need for health education both locally and nationally, along with providing ways that the health of the nation is monitored.

Students explore the purpose of health education, models and approaches to educating the public and encouraging behaviour change in the population.

Unit 5 - Coursework

LAC - Learners will explore how disorders can affect various body systems, including the primary and secondary effects on those systems.

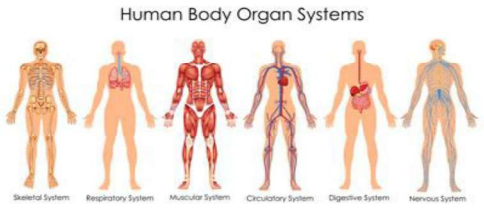
LAB – Learners will explore the body systems. Students will know and understand the structure and normal physiological functioning of the body systems and their organs.

LAA – Learners will explore the organisation of the human body

Unit 2 Exam Human Biology and Health

Students sit unit 1 exam and submit unit 3 coursework

Year 13 Unit 2 exam and unit 5 coursework



LAC - Examine how social determinants affect the health status of individuals and the importance of equality, diversity and inclusion in practice.

LAA - Understand the principles of health and social care practice which underpin meeting the care and support needs of individuals

LAB - Examine how organisation, legislation and guidance inform practice in health and social care

Unit 3 – Coursework Principles of Health and Social Care Practice

Learners will explore how both nature and nurture positively and negatively impact our growth and development. This includes how someone's socioeconomic situation can either increase or decrease the chances of suffering from certain health conditions.

LAC – Health and Social Care promotion, prevention and treatment at different life stages.

Learners will explore a range of prevalent health conditions, including prevention methods and a range of Health and Social care professionals and their role in treating these.
There is an emphasis on personalised care and multidisciplinary working.

LAB - Learners will explore factors that can affect an individual's growth and development.

- Genetic factors
- Lifestyle factors
- Health inequalities

LAA - Understand human growth and development across the life stages.
Infancy 0-2 to Later Adulthood 85+

- Physical
- Intellectual
- Emotional
- Social

Unit 1 - Human Lifespan Development

Year 12 Unit 1 Exam and unit 3 coursework taught side by side

