

Food Learning Journey



Life skills cooking

Creating dishes from scratch

Your own fast food in under 1 hour !

Planning a sweet dessert

Food commodities - prepare, cook and present meat, poultry, eggs and alternative protein sources



Omelette with side salad



Cod goujons and sweet potato chips with crushed minted peas



Pork souvlaki

Planning a savoury meal

Food commodities - prepare, cook and present fruit, vegetables, rice, pasta ,bread and potatoes



Chicken wrapped in bacon



Bacon carbonara with spaghetti

Vegetable and halloumi kebabs



Muesli pancakes with summer berry compote



International cuisine

Eatwell guide



Cheese and herb scones



Choux pastry



Mini veggie quiche

Pastry making and use of ready made pastry



Spinach, potato and chickpea curry



Chilli non carne with wraps and salad

Use of utensils and equipment

Shortcrust pastry



Sausage rolls



Victoria sponge cake

Cake making methods



Chicken chow mein



Rubbing in method-raspberry buns



Dinner rolls



Mini pasties

Personal and kitchen hygiene

Food hygiene and safety



Gingerbread-melting method



Creaming method-fairy cakes

Year 12

