

Pearson BTEC Level 3 Nationals

This popular course is one of the few courses that provide the opportunity to complete independent portfolios as well as exam components. Whether you have a goal to work as a nursery school teacher, primary school teacher, nurse, social worker, health visitor, councillor, midwife or even as a paramedic, this course can provide you with the right stepping stone.

Information about the course

This qualification isn't about teaching learners how to care for babies or the elderly and the ill, however; it will provide learners with the skills, knowledge and understanding that will allow them to progress onto a Health and Social Care-related Apprenticeship or Higher Education on a health and social care-related programme such as Health and Social Care, Nursing, Social Work or Early Childhood Studies. Learners will learn by applying their skills, knowledge and understanding to tasks or activities that are relevant to what happens in health, social care and child care workplaces, as well as in academic settings, and they will also learn how to be proactive in promoting healthy lifestyles and supporting individuals within the sector. Having an appreciation of what happens in the workplace will also help to prepare learners for continuing their education in this sector.

Course outline

Unit 1: Human Lifespan Development (External assessment)

Health and social care practitioners need to develop a knowledge base for working with people in every stage of their lives, and they need to know how their own experiences relate to health and wellbeing. This unit will develop your knowledge and understanding of patterns of human growth and development. You will explore the key aspects of growth and development, and the experience of health and wellbeing. In this unit, you will explore the impact of both predictable and unpredictable life events, and recognise how they impact on individuals. You will study the interaction between the physical and psychological factors of the ageing process, and how this affects confidence and self-esteem. *The unit will be assessed through one examination of 90 marks lasting 1 hour and 30 minutes.*

Unit 2: Working in Health and Social Care (External assessment)

This unit will help you to understand what it is like to work in the health and social care sector. When working for an organisation in this sector, you will have important responsibilities that you need to understand and carry out. These include maintaining the safety of and safeguarding individuals with health and social care needs, making sure that you properly handle their personal information and preventing discrimination towards them. You will need to understand how you will be accountable both to these individuals and the regulatory bodies that represent people who work in the health and social care sector. *This unit will be assessed through one examination of 80 marks lasting 1 hour and 30 minutes.*

Unit 5: Meeting Individual Care and Support Needs (Internal assessment)

For you to be able to provide the care and support that individuals need, it is important that you have a good understanding of the principles behind providing quality care and support. This unit introduces you to the values and issues that need to be considered when planning care and support that meet the needs of an individual in a health and social care environment. In this unit, you will learn about the values and principles of meeting care and support needs and look at some of the ethical issues that arise when personalising care. *This unit will be assessed internally*

Unit 11: Psychological Perspectives (Internal assessment)

This unit aims to develop your understanding of the nature of physiological disorders. You will also be able to gain knowledge about the diagnosis and treatment of these disorders. You will, additionally, learn how to produce care pathways which include an understanding of strategies to support individuals with particular disorders. Knowing and understanding the development, causes, diagnosis and treatment of common physiological disorders is essential for workers in the health and social care sectors. This unit will support you in gaining understanding of the causes of disorders and how they are diagnosed. The unit facilitates understanding of the care pathways relevant to the disorders and the roles of practitioners involved in these care pathways. You will gain an insight into the coping strategies that can be used to support individuals with particular physiological disorders so that they can maintain their independence. You will go on to evaluate the effectiveness of these strategies. *This unit will be assessed internally*

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