

# PHYSICAL EDUCATION (Applied General)

Btec National Extended Certificate/Diploma in Sport

**Exam Board: Edexcel**

Btec National Level 3 Extended Certificate and Diploma are 2 year vocational courses equivalent to either one A Level if you do the Extended Certificate or two A Levels if you do the Diploma in Sport. These courses develop the knowledge, understanding and skills of learners to support progression to Higher Education in a range of sport and sport-related disciplines.

Students study 4 - 9 units respectively covering a wide range of topics related to sports participation, sports science, coaching and leadership. The course is a mixture of external examinations and coursework. The grades are equivalent to A level grades and provide pupils UCAS points needed for university.

Extended Certificate (1 A level)	Diploma (2 A Levels)
<b>Externally examined units</b>	
1. Anatomy and Physiology  2. Fitness training and programming for Health, Sport and Well-being	1. Anatomy and Physiology  2. Fitness training and programming for Health, Sport and Well-being  3. Investigating Business in Sport and Active Leisure
<b>Mandatory internally assessed units</b>	
3. Professional development in the Sports industry	4. Professional development in the Sports industry 5. Sports Leadership 6. Acquiring Skill in Sport
<b>Internally assessed units</b>	
An additional 1 unit from the list below: <ul style="list-style-type: none"> <li>• Sports Leadership</li> <li>• Application of Fitness Testing</li> <li>• Sports Psychology</li> <li>• Practical Sports Performance</li> </ul>	An additional 3 unit from the list below: <ul style="list-style-type: none"> <li>• Application of fitness testing</li> <li>• Sports Psychology</li> <li>• Practical Sports Performance</li> <li>• Research Methods in Sport</li> <li>• Sports Event Organisation</li> <li>• Sports Injury Management</li> <li>• Research Project in Sport</li> </ul>

Meeting deadlines and organisation are very important aspects if students are to achieve their potential on this very successful course. It is ideal for anyone who studied PE at GCSE and supports progression to Higher Education to study a sports degree or other related degree programme, including:

- Sports studies
- Sports and exercise science
- Rehabilitation in sport/Physiotherapy
- Sports therapy
- Sports management
- Sports coaching
- Teaching

***Marissa Mason, Head of PE***