

# A Level PHYSICAL EDUCATION

**Exam Board: AQA**

A Level PE is an exciting and refreshing course that allows pupils to play to their strengths and gain dynamic theoretical and practical skills for further education or work. The topics reflect a number of contemporary changes in sport today which makes this course an engaging one to study. This course allows pupils to study the theory of sport and demonstrate their practical ability in a sport of their choice.

Students study 6 theoretical units covering a wide range of topics from exercise physiology to the role of technology in sport.

## Assessments

<b>Paper 1: Factoring affecting participation in physical activity and sport</b>	<b>Paper 2: Factoring affecting optimal performance in physical activity and sport</b>	<b>Non-exam assessment: Practical performance in physical activity and sport</b>
<p><u>What's assessed?</u></p> <p>Section A – Applied anatomy and physiology</p> <p>Section B – Skill acquisition</p> <p>Section C – Sport and society</p>	<p><u>What's assessed?</u></p> <p>Section A – Exercise physiology and biomechanics</p> <p>Section B – Skill psychology</p> <p>Section C – Sport and society and technology in sport</p>	<p><u>What's assessed?</u></p> <p>Students assessed as a performer or coach in the full sided version of one activity</p> <p>Plus: written/verbal analysis of performance</p>
<p><u>How it's assessed</u></p> <ul style="list-style-type: none"> <li>• Written exam: 2 hours</li> <li>• 35% of A level</li> </ul>	<p><u>How it's assessed</u></p> <ul style="list-style-type: none"> <li>• Written exam: 2 hours</li> <li>• 35% of A level</li> </ul>	<p><u>How it's assessed</u></p> <ul style="list-style-type: none"> <li>• Internal assessment</li> <li>• External moderation</li> <li>• 30% of A level</li> </ul>

To study A level PE at Chauncy you will need to achieve a B grade in GCSE PE. It is ideal for anyone who studied PE at GCSE and supports progression to Higher Education to study a sports degree or other related degree programme, including:

- Sports and exercise science
- Sports studies
- Physiotherapy
- Sports therapy
- Sports management
- Teaching
- Nutrition/Dietician

***Marissa Mason, Head of PE***